

OpenClinic[®]

Sexual Health Service Update Shropshire Spring 2024

Welcome to the Spring Newsletter for Shropshire

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Online Booking Now Available

People can now book an appointment online, with our new Personal Health Record system.

Setting up a Personal Health Record with our services also allows people to manage their own details, as well as booking, cancelling or rearranging their appointments.

Service users can set up a Personal Health Record, and book an appointment, on our website, www.openclinic.org.uk, by selecting the “Book Now” option.



New Walk-in Clinic

We now have a walk-in clinic which runs on a Wednesday, during the following times:

12:30pm – 3:00pm
4:00pm – 7:00pm

Severn Fields Health Village,
Sundorne Road,
Shrewsbury,
SY1 4RQ



Find the latest clinic opening times on our website at www.openclinic.org.uk/clinics

Mirena IUS Now Licenced for 8 Years

The Mirena IUS (a type of hormonal coil) is now licensed for 8 years for contraception purposes.

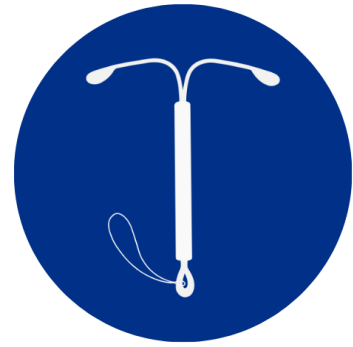
For patients who have a Mirena already, this means that it can remain in place, and be effective, for 8 years from the fitting date. We will from now be refitting Mirenas around the 8 year date.

If a Mirena has been fitted for control of bleeding, part of HRT, or treatment for any other gynaecological problem, this does NOT apply.

The new advice does NOT apply to other IUS brands or types.

Please note that we only fit/remove coils for contraceptive purposes.

Please note that we only provide routine contraception to people aged 18 and under.



We Want Your Feedback!

We want to hear from professionals who signpost or refer people into our services. We are seeking feedback on a number of topics, such as:

- Any issues signposting to our service
- Negative feedback you hear from service users about sexual health services
- How we can improve inclusivity

Please [take our quick survey here](#).



Easter Clinic Closures

Our clinics and phone lines will be **closed** on the Bank Holidays over Easter:

- Friday 29th March (Good Friday)
- Monday 1st April (Easter Monday)

There is information on our website with a list of useful support services, if someone needs help outside of our operating hours: [Help Out Of Hours](#).



C-Card Reminder – No Upper Age Limit

We would like to remind everyone that there is now **no upper age limit** for registering for a C-Card!

Registration can be done either online (ages 16+) or at a sexual health clinic or other registration venue (ages 13+).

More details about the C-Card scheme, including a list of registration and distribution venues, can be found [on our website](#).



New QR Code Poster Available

We have a new poster, with QR codes leading to the following service information on our website:

- C-Card
- Ordering an STI Testing Kit online
- Emergency Contraception

This poster, as well as other posters, screens and paperwork, is available on the Resources page of our website:

www.openclinic.org.uk/resources.



C-Card reminder

Please send C-Card paperwork by the 5th of each month to:

sexualhealth.shropshire@mpft.nhs.uk

 Open Clinic NHS

 @openclinicnhs

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Sexual Health Services in Shropshire

0300 404 2996 | openclinic.org.uk

For more information on anything within this newsletter, or if you'd like to see anything included, please email SexualHealthComms@mpft.nhs.uk